



Children develop self-esteem through the arts when they **DO** something, **GIVE** something, and **INTERACT** socially. They learn that **star power** is participating, contributing, and connecting with others.

If children **read**, **sing**, **act**, **dance**, and **draw** every day, Stretch-A-Book believes that one of these stars will spark their self-esteem. Just think, children can experience the feeling of self-esteem every day. Stretch-A-Book supports family ties and developing **Self-esteem** while children play their way to reading fluency.



Self Esteem through the arts

P **a** **r** **t** **i** **c** **i** **p** **a** **t** **e**

Daily Daily Daily Daily Daily
Star Power



Read
Act Follow Sing
your own star.
Draw Dance

C **o** **n** **n** **e** **c** **t**

Circle the star



C **o** **n** **f** **r** **!** **b** **u** **t** **e**
that sparks your self-esteem.



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Stories on Stage